

The Room of Requirement. Imagination in Psychotherapeutic Work with Children

Programme and schedule

Programme Committee

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November 29, 2025, Saturday

Time/ Kyiv region	Speaker / Topic / Language / Moderator	About the speakerThis lecture builds on Jung's concept of the reality of the psyche, the inner world of images that becomes visible in children's dreams and symbolic play. This inner reality is always oriented toward maturation and individuation and often contrasts with external reality. I will attempt to illustrate these ideas using examples from child therapy.	Description
9.30 - 10.00	<i>Registration of participants</i>		
10.00 -10.15	<i>Conference opening and welcome</i>	President of PACHAP, an analytically-oriented psychologist, a regular author for Dzerkalo	

	Kateryna Holtsberh	Tyzhnia and NV, and the author of training courses for teachers and parents.	
10:15 - 10:25	<p>A Room of Requirement Yulia Larina</p> <p><i>In Ukrainian with simultaneous interpretation into English. The session will be recorded.</i></p>	<p>Psychologist, analytically oriented psychotherapist, lecturer, author of children's books.</p> <p>Member of PACHAP, Ukrainian Development Group of Analytical Psychology (IAAP), Ukrainian Union of Psychotherapists (USP)</p>	
10:25 - 11:10	<p>«Imagination: more real than reality» Eva Pattis -Zoja</p> <p><i>In Ukrainian with simultaneous interpretation into English. The session will be recorded.</i></p> <p><i>Moderator: Oksana Zaleska</i></p>	<p><i>Eva Pattis-Zoja</i> is a clinical psychologist and Jungian psychoanalyst, a lecturer at the C. G. Jung Institute in Zurich and many international centers, the author of books on sandplay therapy, and the founder of the International Association for Expressive Sandplay Therapy (IAES). Since 2015, Eva has been supporting the Expressive Sandwork project in Ukraine, where she is a teacher and author of this method.</p>	<p>This lecture builds on Jung's concept of the reality of the psyche, the inner world of images that becomes visible in children's dreams and symbolic play. This inner reality is always oriented toward maturation and individuation and often contrasts with external reality. I will attempt to illustrate these ideas using examples from child therapy.</p>
5-minute break			
11:15 - 12:00	<p>«Imagination as a space of equilibrium: the child between horror and play»</p> <p>Dmytro Zaleskyi</p> <p><i>In Ukrainian with simultaneous interpretation into English. The</i></p>	<p>Jungian analyst, the first individual member of the International Association for Analytical Psychology (IAAP) in Ukraine since 2010. Affiliated since 2020 and a full member since 2021 of the Czech Institute of Analytical Psychology (CIAP Training Group of the IAAP), member of the Ukrainian Association for Analytical Psychology (UAAP IAAP)</p>	<p>The paper examines how children's imagination helps to balance archetypal and absolute horror. Using examples from games, Halloween, and the movie "The Nanny McPhee 2," it shows that imagination is a psychological mechanism for containing fear—a space where horror is transformed into images and children maintain their inner integrity even in times of war.</p>

	<p><i>session will be recorded.</i></p> <p>Moderator: Kateryna Holtsberh</p>		
10-minute break			
Parallel clinical workshops			
12:10 - 13:40	<p>The workshop «An empty room: the place for nothingness to prevail»</p> <p>Yuliia Larina Iryna Nykonova</p> <p><i>In Ukrainian</i></p> <p>Moderator: Oksana Pyvovarova</p>	<p><i>Yuliia Larina</i> - Psychologist, analytically oriented psychotherapist, lecturer, author of children's books. Member of PACHAP, Ukrainian Development Group of Analytical Psychology (IAAP), Ukrainian Union of Psychotherapists (USP).</p> <p><i>Iryna Nykonova</i> - Psychologist Psychoanalytically oriented psychotherapist Head of the Psychodiagnostic Centre in Pechersk Member of the SPPU</p>	<p>Let's take a look at the inward emptiness that does not lead to the outside world. Try to stand in the middle of a room with no images of imagination. And if we dare, let's go deeper, where daydreaming creates a distorted reality that makes it impossible to live the real life.</p>
	<p>Presentation of the clinical case «Journey into imaginary worlds»</p> <p><i>In Ukrainian</i></p> <p>Oksana Pirkhal</p> <p>Moderator: Kateryna Holtsberh</p>	<p>Jungian analyst and member of the Professional Association of Children's Analytical Psychology (PACHAP) and the Ukrainian Association of Analytical Psychology (UAAP).</p>	<p>The workshop invites you on a journey into the world of children's imagination – a space where stories come to life and feelings find form and expression. Using the analytical psychology method of Mythodrama, we explore the creative potential of group therapy with children, opening up the possibility of safe expression of emotions and inner healing through images.</p>
	<p>«Where the Wild Things Are. Dark worlds of imagination in the experience of children's</p>	<p>Jungian analyst, child psychotherapist, PhD in Psychology, Training therapist, supervisor (UAAAP group member of IAAP), member</p>	<p>The report will present the experience of working with children's therapeutic groups in Kyiv using the Mythodrama method with parallel reflection on Maurice</p>

	<p>Mythodrama groups»</p> <p>Oksana Zaleska</p> <p><i>In Ukrainian with simultaneous interpretation into English. The session will be recorded.</i></p> <p>Moderator: Anna Havryliuk</p>	<p>of the Professional Association of Children`s Analytical Psychologists (PACHAP). Senior expert, psychotherapist, and supervisor of the Mental Health Centre at the National University of Kyiv-Mohyla Academy.</p>	<p>Sendak's children's book Where the Wild Things Are (and Spike Jonze's film of the same name). We will immerse ourselves in the eerie dark worlds of imagination, look at the dynamics of images and scary stories, and try to return with treasures. It is advisable to watch the film "Where the Wild Things Are" beforehand.</p>
Lunch 13:40 - 14:25			
Parallel workshops			
14:25 - 15:10	<p>«Creating modern myths using Marvel Universe»</p> <p>Korelska Maryna, Oksana Pyvovarova, Kholodnytska Krystyna</p> <p><i>In Ukrainian with simultaneous interpretation into English. The session will be recorded.</i></p> <p>Moderator: Oksana Pyvovarova</p>	<p><i>Korelska Maryna</i> - analytically oriented psychotherapist, art therapist, member of the Ukrainian Psychotherapeutic League, member of the National Psychological Association.</p> <p><i>Oksana Pyvovarova</i> - analytically oriented psychotherapist, child psychotherapist, Sandplay therapist, LAAP router, member of the Ukrainian Development Group of Analytical Psychology IAAP, member of PACHAP, member of the National Psychological Association.</p> <p><i>Kholodnytska Krystyna</i> - analytically oriented psychotherapist, child psychotherapist, Sandplay therapist, member of PACHAP.</p>	<p>In this workshop, we will examine whether the Marvel Universe is a contemporary myth and explore how the heroes of the Marvel Cinematic Universe embody ancient archetypes—the Hero, the Shadow, the Trickster, the Anima, and the Self.</p> <p>Through a Jungian perspective, we will see that superhero stories are not just entertainment, but living myths of our time that speak the language of the collective unconscious.</p> <p>In the practical part, participants will encounter their own archetype through active imagination techniques, feeling how the myth lives within us and guides us on the path to wholeness.</p>
	<p>«Panase, Panase, what are you standing on?» Imagination in Ukrainian Games and Traditions as a Source of Inspiration.</p> <p><i>In Ukrainian, the session will be recorded.</i></p>	<p><i>Nataliia Opryshko</i> – analytically oriented psychologist, member of PACHAP and UGR.</p> <p><i>Antonina Sorochnytska</i> – analytically oriented psychologist, member of PACHAP and UGR.</p>	<p>Workshop: Hey, good people!</p> <p>We call you (invite you) to Andriy's party (vechornytsi) - we shall be mischievous, fortune-telling, look back to ancient customs, and discover the power of our imagination and games/play</p> <p>Whoever is with us will find themselves in a good circle/Those among us will find</p>

	Antonina Sorochynska Nataliia Opryshko Moderator: Yevgeniya Zavorotynska		themselves in good company.
5-minute break			
15:15 -15.55	Discussion groups. Four parallel groups.	Moderators of the discussion groups: Oksana Pirkhal Nataliia Opryshko Yuliia Larina Khrystyna Kholodnytska	In the discussion groups, as is our tradition, we share our impressions, feelings, and thoughts.
5-minute break			

16:00 - 17:30	<p>Clinical supervision</p> <p>Supervisor: Donald Kalsched</p> <p>The case presents: Irina Zhadik</p> <p><i>In Ukrainian with simultaneous interpretation into English.</i></p> <p>Moderator: Oksana Zaleska</p>	<p><i>Donald Kalsched</i> is a Jungian analyst and Clinical Psychologist with a private practice in Brunswick, Maine. He is a member of the C. G. Jung Institute of New England, the Inter-Regional Society of Jungian Analysts (IRSJA), and the International Association of Analytical Psychology (IAAP). He teaches and lectures nationally and internationally on the subject of early trauma and its treatment.</p> <p><i>Irina Zhadik</i> - analytically oriented psychologist. Since 2014, I have been working with different categories – children, adults, IDPs, veterans - in the field of mental health and psychosocial support for people affected by the military conflict. Expert of the Mental Health Center of NaUKMA. Consultant of SETA (one of the approaches of cognitive behavioral therapy).</p>	<p>During the supervision, a case will be presented of work with a boy who experienced a difficult evacuation from the city of Bucha and the loss of his father. At the same time, this work is not only an exploration of the therapeutic process with the boy, but also a personal account of the psychotherapist's inner experiences and deep involvement.</p>
5-minute break			
17.35-18.05	<p>The Story Behind the Book «The Inner World of Trauma: Archetypal Defenses of the Personal Spirit» Donald Kalsched</p> <p><i>In Ukrainian with simultaneous interpretation into English. The session will be recorded.</i></p>	<p>He is the author of many clinical and theoretical papers on early trauma and its treatment, plus two major books, <i>The Inner World of Trauma</i> (Routledge, 1996) and <i>Trauma and the Soul</i> (2013), both of which have been translated into many languages. He is currently working on a third book that will advance his earlier ideas and integrate them with recent findings in neuroscience, attachment theory, early infant development, dissociation, and affect theory.</p>	<p>Presentation of the Ukrainian edition of Donald Kalsched's book «<i>The Inner World of Trauma: Archetypal Defenses of the Personal Spirit.</i>»</p>

18.05 - 18.40	<p>Presentation of the Ukrainian edition of the book Olha Tovpeko, Anastasiia Kovbas, Dmytro Zaleskyi, Andrii Shvydkyi</p> <p>Moderator: Oksana Zaleska</p>	<p><i>Olha Tovpeko</i> – Candidate of Psychological Sciences; psychologist, analytically oriented psychotherapist; founder of the publishing house of psychological literature “<i>Ryby na Dakhu</i>”; founder of the NGO “<i>Vazhlyvi</i>”, which provides psychological support to parents and children in Ukraine affected by the war.</p> <p>Anastasiia Kovbas – translator. Dmytro Zaleskyi, Andrii Shvydkyi – scientific editors.</p>	
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November 30, 2025, Sunday

Time	Speaker / Topic / Language / Moderator	About the speaker	Description
10:00 - 10:45	<p>«The Soul is thoughtless without the Imagined»</p> <p>Andrii Skibitskyi</p> <p><i>In Ukrainian with simultaneous interpretation into English. The session will be recorded.</i></p> <p>Moderator: Oksana Pyvovarova</p>	<p>Analytically oriented psychologist, Master of Theology (ETF, Leuven), Master of Clinical Psychology (KISPP, Kyiv), Postgraduate in Psychology (UFU, Munich)</p> <p>UDG member, LAAP router, EEATA member</p>	<p>The presentation focuses on the history of the development of the categories of "imagination" and "imaginary" on the example of ancient Indian primary sources ("bhavana" as practice), Aristotle's treatise "On the Soul" (the role of "fantasy" in cognition) and the discourse of medieval Europe ("imaginatio") – up to Henri Corbin's "imaginatio vera". Excerpts from primary sources and historical examples of use are given.</p>
5-minute break			
10:50 - 11:50	<p>How to approach children's dreams?</p>	<p><i>Eva Pattis-Zoja</i> is a clinical psychologist and Jungian psychoanalyst, a lecturer at the C. G.</p>	<p>This lecture is based on C.G. Jung's understanding of children's dreams starting from his Children's Dreams</p>

	<p>Eva Pattis -Zoja</p> <p><i>In Ukrainian with simultaneous interpretation into English. The session will be recorded.</i></p> <p>Moderator: Ludmyla Romanenko</p>	<p>Jung Institute in Zurich and many international centers, the author of books on sandplay therapy, and the founder of the International Association for Expressive Sandplay Therapy (IAES). Since 2015, Eva has been supporting the Expressive Sandwork project in Ukraine, where she is a teacher and author of this method.</p>	<p>Seminar (1938-1940). At the same time, we will dig deeper into aspects of the project “My Night Book, Telling Dreams in the Classroom”, which I had presented two years ago. I will describe difficulties that may arise during its application, and report on moments of success.</p>
10-minute break			
<p>12:00 13:20</p>	<p>Interview with John Allan «Playing under the canopy of trees» John Allan</p> <p><i>In English with consecutive interpretation into Ukrainian (recorded).</i></p> <p>Moderator: Oksana Zaleska</p>	<p>John Allan - PhD, is a Jungian analyst (IAAP) and Professor Emeritus of Counseling Psychology at the University of British Columbia. A pioneer of Jungian play therapy and the author of the Serial drawing method, he helped bring art- and imagination-based counseling into schools and clinics. He is the author of the classic Inscapes of the Child's World—winner of the Canadian Guidance and Counseling Association Best Book Award (1987–88)—and numerous works on child counseling and violence prevention. A former Board Member of the Association for Play Therapy, he has lectured internationally, including at the C. G. Jung Institute, Zürich.</p>	<p>In the interview, John discusses his path, discoveries, and his work with children. He presents the history of the creation of serial drawing, the specific features of working in schools and clinics, and the importance of play, imagination, and symbolic work with images in his work with children.</p>
5-minute break			
<p>13:25- 14:10</p>	<p>«Illustrations from the book of the unconscious: observations and reflections in Serial drawing»</p>	<p>Anna Havryliuk - Jungian psychotherapist, Candidate of the International Training Program for Jungian Analysts in Ukraine UJA/IAAP, Member of the Ukrainian Development Group of Analytical Psychology</p>	<p>The paper will present personal and professional experiences of participating in serial drawing groups. We will consider the experience of profound observation in the serial drawing method, try to comprehend the synchronicity that accompanies it, and see how spontaneous creativity can</p>

	Anna Havryliuk <i>In Ukrainian with simultaneous interpretation into English. The session will be recorded.</i> Moderator: Oksana Pirkhal	(UDG IAAP), Member of the Professional Association of Children`s Analytical Psychologists (PACHAP), Member of the Ukrainian Association of Child Psychotherapy «Reverie»	activate healing processes.
Lunch 14:10 - 15:00			
15:00 - 15:45	«Large Scale Neural Networks and Imagination» Petro Chornomorets <i>In Ukrainian with simultaneous interpretation into English. The session will be recorded.</i> Moderator: Dmytro Zaleskyi	PhD in Biology, Expert in mental health, education, and systems thinking. Co-author and head of methodology at Zminotvorts, lecturer at Kyiv-Mohyla Business School, and Maibutni School	Imagination, like other mental processes, has no specific location in the brain. It is an emergent effect. But the model of large neural networks helps us understand even such invisible things.
5-minute break			
15:50 -16: 35	«With a brush and a sword!» Presentation of a clinical case of group work using the Jungian serial drawing method with free play. Oksana Zaleska Nadiia Bakhurynska <i>In Ukrainian</i>	Oksana Zaleska - Jungian analyst, child psychotherapist, PhD in Psychology, Training therapist, supervisor (UAAAP group member of IAAP), member of the Professional Association of Children`s Analytical Psychologists (PACHAP). Senior expert, psychotherapist, and supervisor of the Mental Health Centre at the National University of Kyiv-Mohyla Academy. Nadiia Bakhurynska - Child psychologist with an analytical approach, curator of the psychological center	The report will present various adaptations of serial drawing and explore the theoretical and practical aspects of applying the method in wartime conditions. In particular, it will include a clinical case study of group work that combines the serial drawing method with free play. During the group process, a child with evacuation experience moved through the loss of their home and gradually returned to the rhythm of childhood, with its age-appropriate tasks and discoveries.

	<p><i>Moderator: Ludmyla Romanenko</i></p>	<p>of the volunteer center in Berehove, NGO «Everyone Can Help.»</p>	
	<p>«Imagination as a bridge to freedom from physical suffering» a report on working with a child using the “Serial Drawing” method</p> <p>Yevheniia Zavorotynska</p> <p><i>In Ukrainian</i></p> <p><i>Moderator: Natalia Opryshko</i></p>	<p><i>Yevheniia Zavorotynska</i> - an analytically oriented psychologist, working with children and adults, member of the Ukrainian Analytical Psychology Development Group, mentor of the preschool program “Safe Space.”</p>	<p>The series of drawings shows the process of working through anxiety, which manifested itself in physical symptoms—panic attacks.</p> <p>Thanks to the imagination manifested in the images that emerged during 12 sessions, the child was able to master the inner anxiety and free the body from the need to speak through physical symptoms.</p>
	<p>«How to Overcome the Kraken?»: Imagination as an Important Resource in Trauma Work.</p> <p>Svitlana Snitko</p> <p><i>In Ukrainian with simultaneous interpretation into English. The session will be recorded.</i></p> <p><i>Moderator: Antonina Sorochinska</i></p>	<p><i>Svitlana Snitko</i> - psychologist, analytically oriented psychotherapist, leader of children’s groups, member of the PACHAP</p>	<p>The report on working with a group of IDP children using Mythodrama, a therapeutic method that helps children access play, fantasy, imagination, their inner resources, and overcome traumatic experience.</p>
16:35 - 17:15	<p>Four parallel discussion groups</p>	<p>Moderators of the discussion groups:</p> <p>Oksana Pirkhal Nataliia Opryshko Yuliia Larina Khrystyna Kholodnytska</p>	<p>In the discussion groups, as is our tradition, we share our impressions, feelings, and thoughts.</p>

17:15 -18:00	Closing of the conference		
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